



When should you sanitize your hands?

- ◆ If soap and water are not readily available, use an alcohol-based hand sanitizer that contains at least 60% alcohol
- ◆ Soap and water work to remove all types of germs from hands, while sanitizer acts by killing certain germs on the skin. Although alcohol-based hand sanitizers can quickly reduce the number of germs in many situations, they should be used in the right situations
- ◆ DO NOT use hand sanitizer if your hands are visibly dirty or greasy- for example, after custodial duties, household chores, playing outdoors, etc. If a hand washing station is available, wash your hands with soap and water instead.

Proper Hand Care With Sanitizer



1 Apply product to palm of dry hands (use enough product to cover all hand surfaces)



2 Rub hands together palm to palm



3 Rub in between fingers



4 Rub back of each hand with palm of opposite hand



5 Rub fingertips of each hand in opposite palm, as well as each thumb



6 Rub hands until product is dry. Do not use paper towels to dry

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